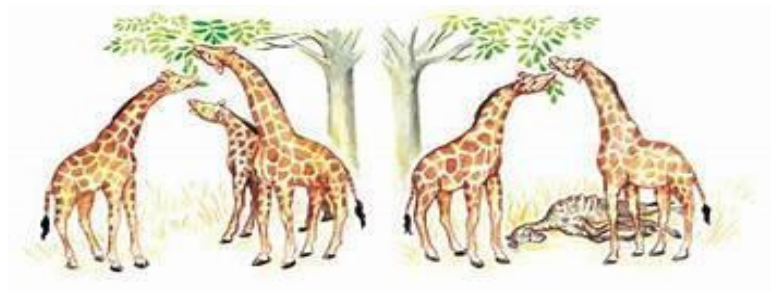




LESSON 2:

AND I MANAGE TO SURVIVE!



SCIENCE

K- 5TH GRADE

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INTRODUCTION

The *Genomic Logic for Underlying Morphological Divergence (EPSCoR)* project aims to bring science-related learning experiences to schools. This lesson is the last of six, designed to facilitate learning the concepts of biodiversity (lesson 1), adaptation (lesson 2), evolution (lesson 3), plant and animal structures (lesson 4), heredity (lesson 5), and the care of butterflies (lesson 6). These lessons will serve as a tool for the trainer or professional in charge of teaching (teacher, professor, among others). For participants, they can be teachers (as part of their professional development) or students.¹

In this second lesson, the instructors or teachers of the elementary level, and their students, will actively participate in some activities where they will understand the principles of adaptation. Emphasis will also be placed on diversity, competition, habitat, evolution, and extinction, among others.

This lesson includes:

- ✓ Scientific background of the concepts
- ✓ Glossary
- ✓ Alignment of the content to the standards, expectations, and specificities of the Department of Education of Puerto Rico (DEPR)
- ✓ Educational Process
- ✓ Detailed activities to carry out in the classroom.

¹ Unless otherwise stated, the neutral term will be used with nouns such as teacher/s, participant/s, professor/s, instructor/s, and/or student/s.

TEACHER'S GUIDE

MATERIA: Ciencia

NIVEL: Elemental (K-5)

CONCEPTO PRINCIPAL: adaptaciones

CONCEPTOS SECUNDARIOS: diversidad, competencia, hábitat, evolución, extinción

CONOCIMIENTO PREVIO: semejanzas y diferencias, características de los seres vivos

OBJETIVOS ESPECÍFICOS DE APRENDIZAJE

Objetivos conceptuales:

- Identificar semejanzas y diferencias entre algunas especies dadas.
- Interpretar información relacionada con los conceptos especie y biodiversidad.
- Reconocer similitudes estructurales y diferencias entre las plantas y los animales.
- Reconocer características particulares que ayudan a una especie a sobrevivir en un ambiente dado.
- Definir adaptación.
- Definir evolución.
- Mencionar mecanismos que ayudan a una especie a sobrevivir (ejemplo: camuflaje).
- Describir las estructuras de plantas (plantas hospederas) y animales (mariposas).
- Mencionar como la intervención humana puede contribuir o afectar la disponibilidad de una especie.

Objetivos procedimentales:

- Observar e identificar organismos que comparten características semejantes y diferentes, y que pertenecen a la misma especie.
- Utilizar dibujos o diagramas para explicar las similitudes estructurales entre las especies.

Objetivos actitudinales:

- Valorar y mostrar aprecio por la naturaleza y la diversidad de la vida
- Reconocer la importancia de cuidar la biodiversidad.
- Reflexionar sobre la fragilidad de una especie para crecer y cómo podemos cuidarla.
- Aceptar, respetar y reconocer los trabajos e ideas de otros.

ESTÁNDARES, EXPECTATIVAS Y ESPECIFICIDADES:

Grado: 1-3ro (Indicadores según los estándares de contenido)

Estándar: Estructura y niveles de organización de la materia

- Reconocer las similitudes estructurales y las diferencias entre los humanos, las plantas y los animales (puede usar dibujos, esculturas o representaciones teatrales).
- Hacer observaciones con el propósito de describir las estructuras que necesitan las plantas y los animales para sobrevivir y crecer.

Estándar: Conservación y cambio

- Interpretar información relacionada con el concepto de biodiversidad haciendo énfasis en el aprecio por la naturaleza y la diversidad de la vida.
- Reconocer que la materia (seres vivos y no vivos) cambian a través del tiempo.
- Describir los patrones de cambio en la materia.
- Reconocer que la reproducción es una forma de conservación de los seres vivos.
- Identificar las características que se transmiten y se conservan de generación en generación

Estándar: Interacciones y energía

- Construir un argumento a partir de evidencia para explicar que, en un ambiente particular, algunos tipos de organismos sobreviven mejor, otros viven con más dificultad y otros no logran sobrevivir.
- Explicar cómo las variaciones en características entre individuos de la misma especie ofrecen ventajas para sobrevivir, encontrar pareja y reproducirse.
- Describir el ciclo de vida de los organismos (nacimiento, crecimiento, reproducción y muerte).
- Analizar e interpretar datos para proporcionar evidencia de que las plantas y los animales tienen características heredadas de sus progenitores, las cuales varían dentro de los organismos que pertenecen a un mismo grupo.
- Explicar cómo las variaciones en características entre individuos de la misma especie ofrecen ventajas para sobrevivir, encontrar pareja y reproducirse.
- Comparar datos de distintas áreas y establece conexiones entre la biodiversidad y las condiciones ambientales.
- Observar plantas y animales para comparar la diversidad de la vida en una variedad de hábitats.

Grado 4to y 5to (Indicadores según los estándares de contenido)

Estándar: Estructura y niveles de organización de la materia

- Mencionar y argumentar sobre las ventajas funcionales de las adaptaciones estructurales en los seres vivos.

Estándar: Conservación y cambio

- Definir, identificar y utilizar evidencia para elaborar argumentos sobre los mecanismos adaptativos en las plantas y animales que le permiten sobrevivir y reaccionar a cambios en el ambiente.
- Identificar formas para conservar la supervivencia de los organismos en su ambiente.
- Reconocer que la reproducción es necesaria para perpetuar la especie.
- Inferir en que la reproducción permite conservar o cambiar algunas características de las especies.
- Explicar los cambios relacionados con la forma, estructura y funciones vitales en los organismos.
- Reconocer que los organismos tienen ciclos de vida y cambian a través del tiempo.
- Reconocer que la forma, la estructura y las funciones vitales de los organismos pueden cambiar a través de sus etapas de desarrollo.

BACKGROUND

When we talk about **adaptation**, we refer to the characteristics that a species possesses that gives it the capability of survival in the environment it inhabits. A **species** is a group of organisms that share the same characteristics that can cross and produce a fertile descendance. However, individuals of one same species can show mild variations. These variations may be favorable or unfavorable. This lets the species survive in a particular environment. Depending on environmental factors, after many generations, a population can look very different. Adaptations can be **structural** or **physiological**. Butterflies are a particularly strong example of structural adaptations. These adaptations in butterflies include the way in which they use **mimicry**, **camouflage**, and even their capability to fly. Some examples of adaptations that butterflies possess are:

Camouflage = The principal structural adaptation of butterflies is in their wings and how they use them to hide. The wings of many species have evolved to imitate its surroundings, with the common green as a particularly good example. These butterflies have wings that have a color and shape that match exactly to the leaves in which they are found, which makes it more difficult for predators to find them.

Disguise and subterfuge = Many butterflies have developed “eye spots” on their wings. When their wings are open, these spots give the butterfly the appearance of a much larger creature, terrifying possible predators. In that same way, viceroy butterflies deliberately imitate the appearance of a monarch butterfly, which has evolved to be toxic upon consumption. As a result, predators avoid hunting both species. Another example that we can mention are the colors of *Heliconius*, who have red because animals associate it with a bitter taste.

Delight = Butterflies are cold-blooded creatures, which means that they need to heat their wings before taking off. That is where they are more vulnerable to predators, but it is a vital part in the progress of the butterfly. Butterflies may simply fold their wings if they overheat.

Sensibility to light = Every fourth generation of monarch butterflies migrates 2,000 miles (3,220 kilometers), traveling from as North as Canada to places to hibernate in Mexico. Monarch butterflies use their antennae to detect the basic level of light around them. This lets them know the time of the day depending on the amount of light that they can see, which also lets them stay alert.

Examples of adaptation in living beings

Species	Adaptation	How can adaptation help it survive in the environment?
Crocodiles	Digestive apparatus	Adapted to ingest a large variety of preys
Fish	Travel	It is favored by the wavelike movements of its body
Horse	Growth in size	To face prairie predators
Wolves	Development of muscles for chewing	It makes it easier to chew their prey
Anteater	Tail	It works as a coat
Mollusks	Large muscular foot	It allows them to set themselves on the sand to travel
Primates	Fingers	To collect tree branches
Butterflies	Camouflage	It allows them to imitate its surroundings with makes it harder for predators to find them

GLOSSARY

1. **Similarity** – relation among people, animals or things that have common traits.
 2. **Difference** – quality that lets something distinguish itself from another thing.
 3. **Species** – a group of organisms that can interbreed to produce fertile descendants.
 4. **Biodiversity** – variety of organisms in our Planet.
 5. **Adaptation** – traits form an animal that helps it survive in a specific environment.
 6. **Structural adaptations** – adaptations that include changes in structure of some parts of the species' body.
 7. **Mimicry** – structural adaptation that provides protection to an individual, letting it copy the appearance of other species.
 8. **Camouflage** – structural adaptation that lets the individual blend into its surroundings. It involves the individual's change in color.
 9. **Physiological adaptations** – changes in metabolic processes of an organism.
- Evolution** – change in inheritable traits of a population through time.

Lesson # 2: And I manage to survive!

Concepts: Adaptations

Related vocabulary: competition, habitat, adaptation, evolution, extinction

Materials:

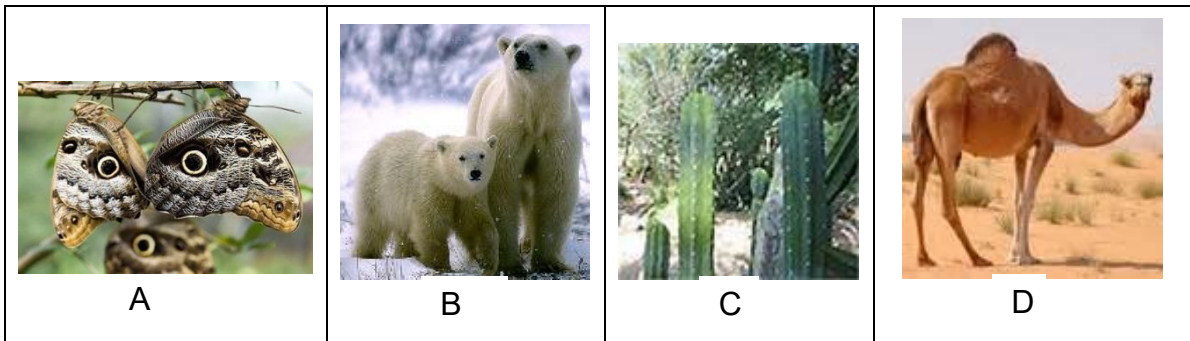
- 1) Worksheets
- 2) Pictures to cut.
- 3) Informative sheets
- 4) Blank sheets of paper (legal sized)
- 5) Scissors
- 6) Crayons or coloring pencils
- 7) Glue

EDUCATIONAL PROCESS

BEGINNING

In this activity, the knowledge that participants have about living beings and the traits that allow them to survive in an environment is explored.

1. In socialized discussion, show four (4) pictures of living beings and make the following questions (they can be modified according to the level of knowledge):
 - a) Describe the organisms in the pictures:



- These pictures will be shown in the *PowerPoint* presentation.

Possible answers:

- A. The butterfly has big eyes.
 - B. They have a lot of hair, there is a big bear and a small bear (offspring)
 - C. They have many thorns.
 - D. It has a hump.
- b) What can we see in their surroundings (the habitat)?
 - A. Trees
 - B. A cold place
 - C and D: Hot and dry place
 - c) If organisms present different traits, do you think they could live in that place?

Expected answer: No. For example, bears would be cold with less hair.

- d) If their environment changes, do you think they could survive with their appearance?

Expected answer: No. For example, the bear's environment would be too hot, and the butterfly could not survive in an extremely cold environment.

- e) What name would you give to the capacity that living beings have of changing or modifying throughout time?

- It is expected that students should identify the concept: adaptation. If students do not know the concept, it will be indicated that they will learn it later. It is important to remember that we are exploring the knowledge that students have about the concept.

DEVELOPMENT

1. Using a *PowerPoint* presentation, students will observe various illustrations and identify some traits that help them survive in their environment.
2. In cooperative groups, students will complete **Worksheet #1: And I manage to survive!** (It varies depending on the grade)
3. In **Worksheet #1 (K-3)**, students will cut and paste in a folded blank sheet some traits that four selected species possess, to survive in their environment.
 - The student will identify and cut the trait that belongs to each species.
4. In **Worksheet #1 (4-5)**, students will use the informative sheet that the teacher handed out to make a poster.
 - See instructions on the format to create the foldable.

CLOSURE

1. Once **Worksheet #1** is discussed, the following image of a giraffe with a short neck and giraffes with long necks is presented.



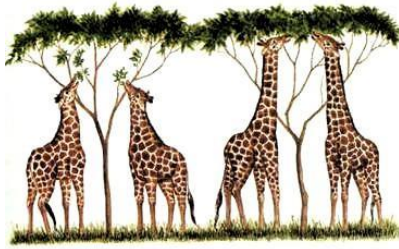
- The teacher will ask the students: What do you think happened to the giraffe?
 - This image is included in the *PowerPoint* presentation.
2. When finalized, the same question from the beginning will be asked:
- What name do you give to the capacity that species must change or modify throughout time?

Materials:

1. Scissors
2. Glue

Procedure:

1. Look up the traits of each species.
2. Then, cut them and paste them to create your foldable.



giraffes



flat fish



butterfly

color that looks like the
leaf of a plant

long neck that helps
them eat leaves in
trees

changes color,
remains still, and looks
like it's dead

legs to impulse itself in
the water and swim

polar bear

Materials:

1. Informative sheet: Adaptation to the environment
2. Blank sheet of paper
3. Pencils or crayons
4. Scissors
5. Glue

Procedure:

1. Follow the instructions to make your foldable.
2. Cut and paste the pictures of species.
3. Complete the information in your foldable with the informative sheet.
3. Use the example that is shown in the table to know how to complete the foldable.

Example:

Common name of the animal	Typical environment where the animal lives (habitat)	Adaptation that the animal has	How does this adaptation help the animal to survive in the environment?
Camel	desert	camel's hump	It provides water

A. Observe the 5 examples of species. Look up for their traits and adaptations to survive in their environment. Use this information to complete your foldable.

A	B	C
D	E	





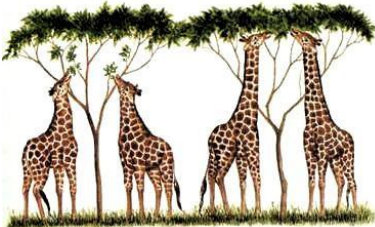
Look up for the adaptations of each species and write them down in your foldable

- | |
|--|
| <ul style="list-style-type: none"> • They use their front legs to impulse themselves in the water and paddle like dogs. • They live in cold environments, such as the North Pole. |
| <ul style="list-style-type: none"> • This color allows them to be confused with the green leaves of plants. • This trait is called camouflage. • Some can live in tropical zones. Some others live in colder places but migrate to warmer places to reproduce. |
| <ul style="list-style-type: none"> • They have big, red, and very distinctive eyes, but once they close them and remain still in the foliage, they are barely noticeable. • This is another example of camouflage. • These species may inhabit Central America. |
| <ul style="list-style-type: none"> • It uses its capacity to change color to hide from its predators. • Besides changing color, it remains still and appears to be dead. • They are found in deep waters (oceans). |
| <ul style="list-style-type: none"> • Their long necks help them feed from leaves on trees. • This trait occurred during time. • It was not a quick adaptation. • They can live in the tropical savanna. |

Worksheet #1

INFORMATIVE SHEET: *Adaptations to the environment (KEY)*

A. The following table shows 5 examples of species and their adaptations to survive in their environment. Use this information to complete your foldable.

Species	Adaptations
 polar bear	<ul style="list-style-type: none"> • Polar bears use their front legs to impulse themselves in the water and paddle like dogs. • Front legs and hind legs are placed horizontally, and they are used like rudders. • They live in cold environments, such as the North Pole.
 butterfly	<ul style="list-style-type: none"> • The butterfly's color allows it to be confused with the green leaves of plants. • This is an example of a main structural adaptation of butterflies. • This trait is called camouflage. • Some can live in tropical zones. Some others live in colder places but migrate to warmer places to reproduce.
 tree frog	<ul style="list-style-type: none"> • Tree frogs have big, red, and very distinctive eyes, but once they close them and remain still in the foliage, they are barely noticeable. • This is another example of camouflage. • These species may inhabit Central America.
 flat fish	<ul style="list-style-type: none"> • The flat fish uses its capacity to change color to hide from its predators. • Besides changing color, it remains still and appears to be dead. • They are found in deep waters (oceans).
 giraffe	<ul style="list-style-type: none"> • A giraffe's long neck helps it feed from leaves on trees. • This trait occurred during time. • It was not a quick adaptation. • They can live in the tropical savanna.

How to create a foldable (Elementary Level K-3)

Step #1: Fold both sides of a blank sheet of paper, forming 2 doors.

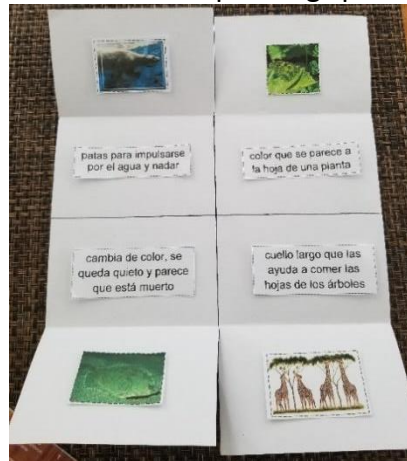
Step #2: Cut both doors in half, forming 4 pieces (similar to windows).



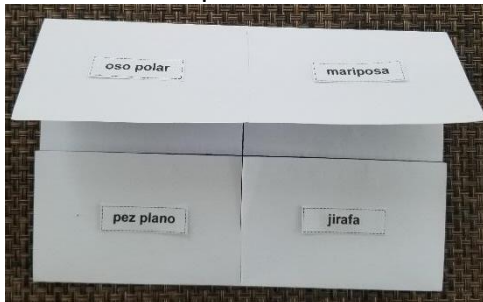
Step #3: Cut the pictures from Worksheet #1: And I manage to survive! Paste each picture in one of the “windows.”



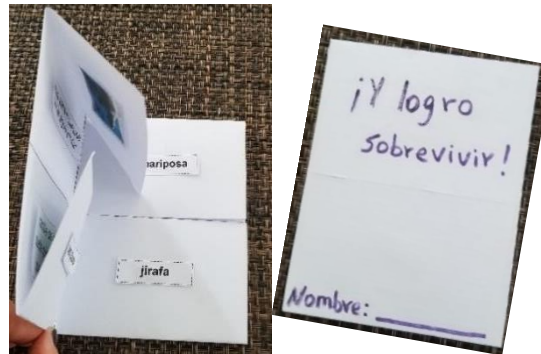
Step #4: Cut the information from each species and paste it in the space available below its corresponding species.



Step #5: Close the “windows” and paste the name of each species.

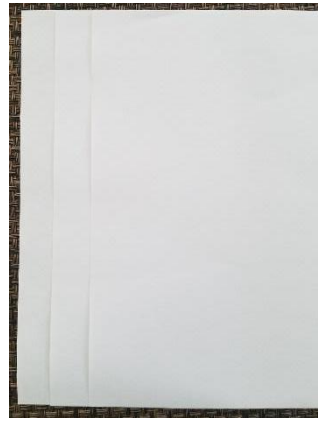


Step #6: To finish, fold in half, forming a booklet.



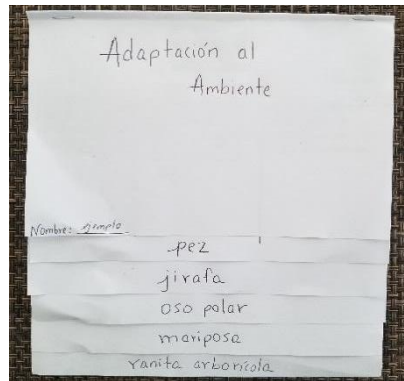
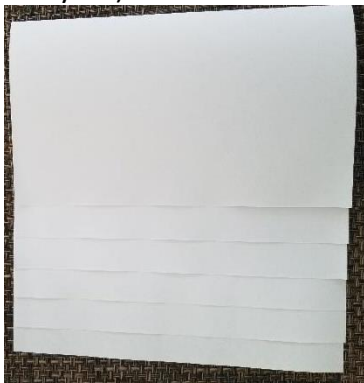
How to create a foldable (Elementary Level 4-5)

Step #1: Use 3 blank sheets of paper and place them leaving a space of ½” between each one.



Step #2: Fold papers so that 6 tabs are formed (approximately $\frac{1}{2}$ ").

Step #3: Write a title and the name of the species in each tab.



Step #4: Use Worksheet #1: And I manage to survive!, to complete the information for each species.

